



# Trinity Episcopal Church

*Offering Companionship along the Way*

## The Eighth Sunday after Pentecost

July 14, 2024

**Prelude** Organ improvisation on tune *Aberystwyth*

**Opening Hymn 699** Jesus, Lover of my soul

*Aberystwyth*

*Pastor* Blessed be God; Father Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

*Pastor* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

**The Gloria: Canticle 20** (*see insert*)

Gevert 2023-06

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks,**

**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world:**

**have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,**

**in the glory of God the Father. Amen.**

*Pastor* The Lord be with you.

*People* **And also with you.**

*Pastor* Let us pray together our collect.

**O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.***



## **A reading from the Second Book of Samuel 6:1-5, 12b-19**

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet. As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

## **Psalm 24**

*Gevert-2*

1 The earth is the Lord's and all that is in it, \*  
the world and all who dwell therein.

2 For it is he who founded it upon the seas \*  
and made it firm upon the rivers of the deep.

3 "Who can ascend the hill of the Lord? \*  
and who can stand in his holy place?"

4 "Those who have clean hands and a pure heart, \*  
who have not pledged themselves to falsehood, nor sworn by what is a fraud.

5 They shall receive a blessing from the Lord \*  
and a just reward from the God of their salvation."

6 Such is the generation of those who seek him, \*  
of those who seek your face, O God of Jacob.

7 Lift up your heads, O gates; lift them high, O everlasting doors; \*  
and the King of glory shall come in.

8 "Who is this King of glory?" \*  
"The Lord, strong and mighty, the Lord, mighty in battle."

9 Lift up your heads, O gates; lift them high, O everlasting doors; \*  
and the King of glory shall come in.

10 "Who is he, this King of glory?" \*  
"The Lord of hosts, he is the King of glory."

### **A reading from Paul's Letter to the Ephesians 1:3-14**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

*Reader*        The Word of the Lord.

*People*        **Thanks be to God.**

**Gradual Hymn 706** In your mercy, Lord, you called me

*Halton Holgate*

**Gospel Acclamation "Alleluia"** (*see insert*)

Plainsong, arr. Christine Gevert

*Pastor*        The Holy Gospel of our Lord Jesus Christ according to Mark 6:14-29

*People*        **Glory to you, Lord Christ.**

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom."

She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

*Pastor*        The Gospel of the Lord.  
*People*        **Praise to you, Lord Christ.**

**Sermon**

The Rev. Jack Gilpin

**A moment of Silent Reflection**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father. He will come again in glory to judge  
the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our President, Joe; for our Governors, Maura, Kathy and Ned, for the leaders of all nations and for all in authority, let us pray to the Lord. **Lord, have mercy.**

For our towns, for every city and community, and for those who live and work in them, let us pray to the Lord. **Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering especially (*we read from the book and leave time for other names to be added,*) let us pray to the Lord. **Lord, have mercy.**

For all those things for which we are thankful (*we leave time to lift up thanksgivings*) and for those on our parish cycle of prayer, The Rev. John and Deborah Carter, Lonnie Carter, Heather Chapman, and for their families, let us pray to the Lord. **Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. **Lord, have mercy.**

For all who have died in the hope of the resurrection (*we read from the book and leave time for names to be added,*) and for all the departed, let us pray to the Lord. **Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. **Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To thee, O Lord our God.**

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and for ever. **Amen.**

### **The Confession**

**Most merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **The Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Pastor* The peace of the Lord be always with you.

*People* **And also with you.**

### **Announcements**

**Offertory Hymn 709** O God of Bethel, by whose hand

*Dundee*

**Doxology Hymn 380, vs. 3** Praise God from whom all blessings flow

*Old 100<sup>th</sup>*

# The Great Thanksgiving

*Pastor* The Lord be with you.  
*People* **And also with you.**  
*Pastor* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Pastor* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; you brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; and so as the morning stars sing your praises we join the heavenly beings and all creation as we shout for joy:

**Holy, holy, holy Lord** *(see insert)* Gevert 2017-06

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the One who comes in the name of the Lord.  
Hosanna in the highest.**

Glory and honor are yours, Creator of all, your Word has never been silent; you call a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the New Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death.  
Rising, you restored our life.  
Christ Jesus, come in glory!**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people

of hope, justice, and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever. **AMEN.**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem: Blessed are those who are called** (*see insert*) Gevert 2017-06

**Blessed are those who are called to the supper of the Lamb.  
Praise the Lord, all you nations; laud Him all you peoples.  
For His loving-kindness toward us is great,  
And the faithfulness of the Lord endures for ever.**

### **The Communion**

*Here at Trinity we welcome all baptized Christians to take communion. You may drink from the chalice, or you may intinct your wafer. Or, if you prefer, you may receive communion in one kind only, the wafer. We offer grape juice as well as wine.*

**Communion Hymn 620** Jerusalem, my happy home *Land of Rest*

### **Postcommunion Prayer**

**Bountiful God, we give thanks that you have refreshed us at your table by granting us the presence of Christ. Strengthen our faith, increase our love for one another, and send us forth into the world in courage and peace, rejoicing in the power of the Holy Spirit. Amen.**

*UCC Book of Worship*

### **The Blessing**

**Closing Hymn 665** All my hope on God is founded *Michael*

### **The Dismissal**

**Postlude:** Organ improvisation on tune *Michael*

*The altar flowers this morning are given to the glory of God.*

### **Serving Today**

*Rector:* The Rev. Heidi Truax  
*Music Director:* Christine Gevert  
*Supply Priest:* The Rev. Jack Gilpin  
*Minister of Communion:* Mike Cuoco  
*Lector:* Brian Cheney  
*Epistoler:* David Booth Beers

*Intercessor:* Linda Lloyd  
*Altar Guild:* Bev Becker  
*Flowers:* Tom Schindler  
*Counter:* John Lloyd  
*Greeter/Usher:* Rachel Lamb and Jim Conzo  
*Verger:* Geoff Brown



## Announcements

- July 8-31** Pastor Heidi will be on vacation. Please contact Sr. Warden, Linda Lloyd for pastoral emergencies.
- Sun., July 21** 8:00 and 10:30 AM Morning Prayer led by Janet Walker/Linda Lloyd, preacher Roy Bickley
- Sat., July 27** 4:00 PM The Marriage of Natalie Boyse and Whitcomb Johnson
- Sun., July 28** 8:00 and 10:30 AM The Rev. Marilyn Anderson, Supply Priest
- Sat., Aug. 3** 2:00 PM Church by the Pond in Bushnell Park. We'll feed the congregation there.
- Sun., Aug. 18** Guest preacher; The Rev. Canon D. Littlefield of ECCT  
12 Noon ~ Vestry Meeting  
2:00 PM NW Region meeting on Zoom

## Weekly Schedule

- Mondays** 5:00 to 8:00 PM Crescendo Summer Choral Sessions
- Tuesdays** 9:00 AM to 12 Noon Taichi Chuan with Christopher Kiely in Walker Hall
- Wednesdays** 6:00 PM Women's AA in Walker Hall (in person and online every week)
- Thursdays** 1:00 PM Bible Explorers: *The Letter of James* begins on **August 8**  
6:00 PM Choir Rehearsal (Drumming with Jay Bradley, Recorder, and more)
- Saturdays** 9:00 AM till Noon—Bookkeeper, Nancy Hiller is in the office every other Saturday.

*The 10:30 AM service is livestreamed.*

*Please wait to have personal conversations until you are in the Parish Hall following the service.*

### **Music Credits/Licensing**

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"Glory to God" Gevert 2023-06, Psalm tone Gevert-2, "Alleluia" Plainsong arrangement, "Holy, holy, holy Lord" and "Blessed are those" Gevert 2017-06, and organ improvisations by Christine Gevert (b. 1964): © 2024 by Christine Gevert. All rights reserved, used with permission.

### **Trinity Episcopal Church**

*Offering Companionship Along the Way*

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The Rev. Heidi Truax, Rector